

## March 2014 Senior Center Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2 Noon Meal</b> Sloppy joes Tater tots Mixed vegetables Apple cobbler	3  Soup & Salad Bar 11 a.m. till 1 p.m.	<b>4 Noon Meal</b> Fried chicken Mashed potatoes Gravy Cheesy broccoli Peaches 7 grain bread	5  Soup & Salad Bar 11 a.m. till 1 p.m.	<b>6 Noon Meal</b> Lasagna Lettuce salad Peas & carrots Banana Garlic bread
<b>9 Noon Meal</b> Chicken & stuffing Gravy Green beans Vegetable ranch salad Berry pie Biscuit	10  Pot Luck	<b>11 Noon Meal</b> Parmesan chicken Parsley potatoes Mixed vegetables Blushing pears Garlic bread stick	12  Soup & Salad Bar 11 a.m. till 1 p.m.	<b>13 Noon Meal</b> Meatloaf Baked potato Pickled beets Tropical fruit 7 grain bread
<b>16 Supper Meal</b> Baked chicken Red potatoes Country mix vegetables Fruit cobbler 7 grain bread	17 <b>St Patrick's Day</b>  Reuben Casserole & Salad Bar 11 a.m. till 1 p.m.	<b>18 Noon Meal</b> Mushroom baked steak Cheesy potatoes Peas & pearl onions Grapes Wheat roll Birthday cake	19  Fundraiser	<b>20 Noon Meal</b> BBQ ribs Potato salad Mixed vegetables Mixed berries Angel food cake White roll <b>Spring Begins</b>
<b>23 Noon Meal</b> Spaghetti with meatballs Green beans Lettuce salad Mandarin oranges with bananas Garlic bread	24  Pot Luck  	<b>25 Noon Meal</b> Sliced ham Cheesy hash brown casserole Carrots Fruit cocktail Cornbread	26  Soup & Salad Bar 11 a.m. till 1 p.m.	<b>27 Noon Meal</b> Chicken fried steak Mashed potatoes Gravy Broccoli pasta salad Strawberry rhubarb pie Wheat bread
<b>30 Noon Meal</b> Pork cutlet with mushroom gravy Scalloped pots Cucumber-onion-tomato salad Banana pie Wheat bread	31  Soup & Salad Bar 11 a.m. till 1 p.m.	Please call the day before for meal reservations by 4:30 p.m. <u>Aging Services</u>  <u>402-362-7626</u>	You do not need to call in for meal reservations on Salad Bar Days.	If you need to cancel a meal reservation, please do so by no later than 8 a.m. the day of the meal.

All meals served with milk, coffee and water

Congregate meal tickets are available for purchase from York County Aging Services.  
 10 punches are on a ticket for a recommended contribution of \$37.50 for eligible diners.

**Programs- Start @ 12:30 p.m.**

March 4-Fallers Landscaping will be talking about "Pruning"

March 11-"Medicare Changes in 2015" with Bobbie Kierstead -Senior Training Coordinator for SHIP

March 16-Supper- Program begins at 6:30 p.m. Joey Jensen will be playing harmonica

March 18-"Global Slow Down" with Monica Milleson Financial Advisor @ Edward Jones

March 25-Mahoney House will be playing "BINGO"



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