

June 2015 Senior Center Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <u>Noon Meal</u> Ham & noodle casserole Peas BLT salad Fresh fruit cup Wheat roll	2 Soup & Salad Bar 11 a.m. till 1 p.m.	3 <u>Noon Meal</u> Mushroom baked steak Baked potato Cheesy broccoli Mandarin oranges & bananas Biscuit	4 Soup & Salad Bar 11 a.m. till 1 p.m.	5 <u>Noon Meal</u> Tater tot casserole Broccoli pasta salad Strawberry shortcake Multi grain bread
8 <u>Noon Meal</u> Cheeseburger Sweet potato wedges Tomato-onion-pickles-lettuce Watermelon	9 Pot Luck	10 <u>Noon Meal</u> Fried chicken Mashed potatoes Gravy California vegetables Blushing pears Wheat bread	11 Soup & Salad Bar 11 a.m. till 1 p.m.	12 <u>Noon Meal</u> Breaded fish Buttered red potatoes Peas Green grapes Rye bread
15 <u>Supper @ 6 p.m.</u> BBQ pork Twice baked potatoes Mixed vegetables Fruited cheesecake Wheat roll	16 Soup & Salad Bar 11 a.m. till 1 p.m.	17 <u>Noon Meal</u> Sliced turkey Mashed potatoes Gravy Green bean casserole Peaches Multi grain bread Birthday cake	18 Fundraiser	19 <u>Noon Meal</u> Lasagna 7 layer salad Carrots Banana pudding Garlic bread  is June 21 st
22 <u>Noon Meal</u> Quiche Tater circles Vegetable salad Apple cobbler Wheat roll	23 Pot Luck 	24 <u>Noon Meal</u> Meatloaf Au gratin potatoes Creamed peas Applesauce Cookie Wheat bread	25 Soup & Salad Bar 11 a.m. till 1 p.m.	26 <u>Noon Meal</u> BBQ ribs Potato salad Mixed vegetables Strawberry rhubarb pie Ice cream Texas toast
29 <u>Noon Meal</u> Chicken alfredo Carrots Creamy cucumber onion salad Fruit salad Biscuit	30 Baked Potato Bar & Salad Bar 11 a.m. till 1 p.m.		Please call the day before for meal reservations by 4:30 p.m. <u>Aging Services</u> <u>402-362-7626</u>	If you need to cancel a meal reservation, please do so by no later than 8 a.m. the day of the meal.

All meals served with milk, coffee and water

Congregate meal tickets are available for purchase from York County Aging Services.
 10 punches are on a ticket for a recommended contribution of \$37.50 for eligible diners.

Programs- Start @ 12:30 p.m.

June 3- Steven Slaughter will be here with his Drone Copter

June 10- BINGO with Carla Thompson from Brookdale Senior Living

June 15-Program starts @ 6:30 p.m.-Carol Knieriem will be talking about her Amazon Trip

June 17- Shane Tucker from the State Museum will be here to talk about Ashfall Fossil Beds

June 24-Four Corners Health- Chris Blanke will be talking about Healthy Snacks or should we say "The Mini Meal"

 Like us on FACEBOOK and receive monthly menu updates.

Find us on FACEBOOK @ York County Aging Services Nebraska

You do not need to call in for meal reservations on Salad Bar Days.