York County Aging Services July Senior Center Meals 2023

Chicken Day is being moved to the 3rd Wed. Call in by 1 pm on the <u>17th</u>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aging Meal Cancelled Today	4 CLOSED	5 Hot Turkey Sand Mashed Potatoes Gravy Corn Pears	6 Salad Bar Cheesy Potato Soup Tuna Salad on Bun Lettuce Salad Fruit	7 Meatballs in Alfredo Sauce Peas Italian Salad Mandarin Oranges
10 BRUNCH Egg & Bacon Breakfast Potatoes Tomato Juice Fruit/Yogurt Parfait French Toast	11 Salad Bar Tomato Soup Grilled Cheese Lettuce Salad Hard Boiled Eggs Fruit	12 Spaghetti w/Meat Sauce Mixed Veggies Pineapple Garlic Bread	13 Potato Bar Chili, Salsa, Cheese Sour Cream Lettuce Salad Fruit	14 Hamburger Mac & Cheese Casserole Tri Taters Brussel Sprouts Mixed Fruit w/Jello
17 BBQ Pork Sandwich Cole Slaw French Fries Applesauce Reservations for Chicken Day due today by 1:00 pm	18 Salad Bar Beef Barley Soup Turkey & Cheese On Bagel Lettuce Salad Fruit	19 Fried Chicken Mashed Potatoes Gravy Baked Beans Dinner Roll Apple	20 Salad Bar Vegetable Soup Roast Beef Wrap w/cheese Lettuce Salad Fruit	21 Pizza Burgers Potato Gems Wax Beans Banana w/Strawberries
24 Corndogs Sweet Potato Fries Lima Beans Peaches	25 Nacho Bar Chili, Cheese, Black Beans, Corn Salad, Sour Cream Lettuce Salad Fruit	26 Pork Cutlet Diced Potatoes Peas & Carrots Multi Grain Bread Fruit Salad	27 Salad Bar Cream of Broccoli Soup Ham/Cheese Sliders Lettuce Salad Fruit	28 Fish Sandwich w/Tartar Sauce Cheesy Hashbrowns Tuscan Vegetables Tropical Fruit
31 Cheeseburger Potato Gems California Vegetables Fruit/Yogurt	Reservations: By 1 p.m. two days prior for Fried Chicken Day. By 1 p.m. one working day prior for all other meals. 402-362-7626 Ext.2	Serving Time: All meals served at 11:30 am Salad Bars available until Noon	Cancellations: No later than 7:30 a.m. the day of the meal if possible.	"Freedom is never more than one generation from extinction."Ronald Reagan

Suggested Contribution for Eligible Diners is \$5.00--except Fried Chicken Day, which is \$5.50 Cost for ineligible diners is \$7--except Fried Chicken Day, which is \$7.50

Meals Subject to Change. All meals served with milk. Meal tickets are available for eligible diners to track contributions